

2017 Decorah Girls Invitational - 4/7/2017

Decorah
Results

Event 1 Girls 800 Sprint Medley Junior Varsity

Team	Relay	Finals
Finals		
1 Waverly-SR	A	2:09.16
1) Rachel Walvatne SR	2) Kirsten Coulson SR	
3) Bailey Walsh FR	4) Kayla Tjebkes JR	
2 Decorah	A	2:10.52
1) Alexis Svestka FR	2) Katie Valkosky FR	
3) Rose Gullekson SO	4) Shania Kelly SR	
3 New Hampton	A	2:11.80
1) Brittney White SO	2) Keirsten Tenge FR	
3) Mariah Wickham SR	4) Ashley Jackson SO	
4 Crestwood	A	2:12.20
1) Trista Foster SO	2) Josie Johnson SO	
3) Destiny Hodges SO	4) Emily Reinhart SO	
5 Waverly-SR	B	x2:17.28
1) Cailey Reyna FR	2) Claire Marsh JR	
3) Kassidi Schmitz JR	4) Liz Van Hove JR	
6 Decorah	B	x2:18.16
1) Lily Hovey SO	2) Lily Humpal FR	
3) Kelly Ahrens FR	4) Rachel Hines JR	
7 Crestwood	B	x2:31.25
1) Noel Lloyd	2) Kenzie Ward	
3) Danielle Ahern JR	4) Haley Stevenson SR	

Event 2 Girls 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 New Hampton	A	1:57.67 10
1) Isabel Leichtman JR	2) Kaelyn Ambrose JR	
3) Bailey Knowlton JR	4) Sadie Tenge SO	
2 Waverly-SR	A	1:58.09 8
1) Karlie Wosepka SR	2) Grace Hoins SR	
3) Haley Beckert SR	4) Jayme Willemsen JR	
3 South Winn	A	1:58.33 6
1) Shira Hageman FR	2) Sarah Hertges FR	
3) Ellie Loesch FR	4) Josie Kriener FR	
4 Crestwood	A	2:01.85 4
1) Shaunna Erickson SR	2) Annie Mast SO	
3) Keelee Andera FR	4) Brynn Bodermann JR	
5 Turkey Valley	A	2:03.45 2
1) Lydia Schuchhardt JR	2) Karissa Schmidt SO	
3) Sadie Nymeyer SR	4) Shelby Reicks SR	
6 Waukon	A	2:13.10 1
1) Zaida Bockman SO	2) Nicole Campbell SO	
3) Brooke Wasson SO	4) Cassidy Byrnes SO	
--- Decorah	A	DQ
1) Rylea Ranum JR	2) Katie Nimrod JR	
3) Kayla Quandahl SR	4) Brooke Berns FR	

Event 4 Girls 3000 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Josephine Berlage	SR	Decorah	10:58.10 10
2 Sami Bohr	FR	South Winn	12:23.05 8

3 Emma Figura	JR	Waverly-SR	12:23.67 6
4 Melissa Ward	FR	South Winn	12:36.26 4
5 Hannah Schutte	FR	Mfl MarMac	12:36.98 2
6 Madelyn Marti	FR	Waukon	12:49.58 1
7 Sarah Mashek	SO	Crestwood	12:53.11
8 Marissa Lechtenberg	FR	Mfl MarMac	16:01.83

Event 6 Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Decorah	A	10:24.73 10
1) Sylvia Betteridge SR	2) Meg Sessions FR	
3) Jenna Galligan JR	4) Brooke Courtney FR	
2 Crestwood	A	10:39.66 8
1) Emily Friesen JR	2) Rachel Steffen FR	
3) Mattie Slavin FR	4) Hope Dohlman SO	
3 New Hampton	A	10:40.25 6
1) Kayla Gilbert SR	2) Maddi Moorman SO	
3) Olivia Burke SO	4) Kallie Olson JR	
4 Waverly-SR	A	10:59.70 4
1) Anna Hoins SO	2) Libby Dix SO	
3) Emma Wagoner JR	4) Madi Rediske SO	
5 South Winn	A	11:31.98 2
1) Ashley Kriener FR	2) Taylor Numedahl FR	
3) Tiana Bullerman FR	4) Mary Conway FR	
6 Waukon	A	12:32.24 1
1) Megan O'Neill SO	2) Emily Brown JR	
3) Mariah Behrend SR	4) Emma Roe SO	
--- Decorah	B	X11:30.10
1) Emma Bachelder FR	2) Kaitlyn Rooney JR	
3) Cassidy Carolan SO	4) Kasey Thompson SR	
--- New Hampton	B	X12:05.07
1) Celena Quirk JR	2) Emma Reicherts FR	
3) Hanna Wiltse SO	4) Taylor Perkins JR	
--- Crestwood	B	X12:33.13
1) Libby Labosky FR	2) Kelsey Stortz FR	
3) Abbie Bergan SO	4) Madi Brace FR	

Event 8 Girls 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 Decorah	A	1:08.62 10
1) Kylie Kerndt SR	2) Grace Syverson SO	
3) Madison Sexton JR	4) Ambria Pipho FR	
2 New Hampton	A	1:14.31 8
1) Hannah Heit JR	2) Lauren Frerichs SO	
3) Paige Wisner SO	4) Natalie Hoey SO	
3 Mason City	A	1:15.23 6
1) Erika Mariner SO	2) Hannah Thomas FR	
3) Hailee Sgontz SR	4) Ali Rood FR	
4 Waukon	A	1:17.11 4
1) Katelynn Griffith SR	2) Erika Johnson SR	
3) Brooke Wasson SO	4) Megan O'Neill SO	
5 Crestwood	A	1:17.46 2
1) Emma Cotant FR	2) Sam Balk	
3) Katlin Born FR	4) Taylor Shelton SO	

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Finals ... (Event 8 Girls 4x100 Meter Shuttle Hurdle Varsity)

Team	Relay	Finals
6 Turkey Valley	A	1:34.40 1
1) Alicia Klimesh JR	2) Kassidy Reicks JR	
3) Jordan Lukes	4) Avery Reicks FR	
--- Waverly-SR	A	DQ
1) Britney Young FR	2) Grace Reyerson SR	
3) Krissa Larson JR	4) Abby Bechtel SO	
--- Decorah	B	X1:14.58
1) Katie Dehning SR	2) Emily Franzen JR	
3) Katie Bjergum FR	4) Olivia Battle FR	

Event 9 Girls 100 Meter Dash Junior Varsity

Name	Yr	School	Finals
1 Kennedy McShane	FR	Mfl MarMac	13.93
2 Haley Shaw	FR	Waverly-SR	14.19
3 Kelsey Young	SR	Waverly-SR	14.43
4 Emma Rissman	FR	Crestwood	14.73
5 Delaynee Frey	FR	Decorah	14.79
6 Taylor Philo	SO	New Hampton	14.87
7 Autumn Forcelle	JR	Crestwood	15.05
8 Rachel Davis	FR	Mfl MarMac	15.11
9 Lillian Grouws	FR	Decorah	15.19
10 Maya Butikofer	FR	Mfl MarMac	x15.29
11 Jordan Lukes		Turkey Valle	15.40
12 Emma Glaser	SO	New Hampton	15.46
13 Kaylee Gibbs	FR	Waukon	15.47
14 Madilyn Fahey	JR	Decorah	x15.53
15 Madi Wenzlaff	FR	New Hampton	x16.02
16 Anna Hanson	JR	Decorah	x16.03
17 Klara Thompson	JR	Decorah	x16.05
18 Liza Herold	FR	Turkey Valle	16.16
19 Kaitlyn Schnitzler	FR	Decorah	x16.48
20 Carrie Hanson	FR	New Hampton	x16.64
21 Veronica Gregory		Waverly-SR	x16.96
22 Addie Einwalter	FR	Turkey Valle	x17.09
23 Claire Marsh	JR	Waverly-SR	x17.16
24 Mina Sahir	JR	Decorah	x17.69
25 Kenzie Ward		Crestwood	x17.98
26 Hanna Ward		Crestwood	x18.00
27 Sydney Erickson		Crestwood	x19.07

Event 10 Girls 100 Meter Dash Varsity

Name	Yr	School	Finals
1 Ellie Loesch	FR	South Winn	13.01 10
2 Katie Saner	SO	Crestwood	13.22 8
3 Brynne Valkosky	JR	Decorah	13.56 6
4 Grace Hoins	SR	Waverly-SR	13.59 4
5 Summer Schutte	FR	Mfl MarMac	13.70 2
6 Karlie Wosepka	SR	Waverly-SR	13.91 1
7 Odeleine Daugherty	SO	Mason City	14.03
8 Shelby Reicks	SR	Turkey Valle	14.09
9 Shaunna Erickson	SR	Crestwood	14.32
10 Alyssa Nesseim	FR	Waukon	14.44

11 Brittney White	SO	New Hampton	14.61
12 Kyleigh Picha	FR	Mfl MarMac	14.63
13 Breanna Busta	FR	Turkey Valle	15.19
14 Kyara Dahlstrom	SO	Waukon	15.43
--- Bailey Knowlton	JR	New Hampton	DQ

Event 12 Girls Distance Medley Varsity

Team	Relay	Finals
1 Decorah	A	4:41.57 10
1) Jenna Galligan JR	2) Rylea Ranum JR	
3) Brenna Betts SR	4) Shayla Betts FR	
2 Crestwood	A	4:50.21 8
1) Brynn Bodermann JR	2) Annie Mast SO	
3) Rachel Steffen FR	4) Emily Friesen JR	
3 Waverly-SR	A	4:50.86 6
1) Haley Eckerman FR	2) Laura Bates SO	
3) Avery Buseman JR	4) Emma Figura JR	
4 New Hampton	A	4:52.08 4
1) Keirsten Tenge FR	2) Paige Laures FR	
3) Isabel Leichtman JR	4) Savannah Anderson JR	
5 Waukon	A	5:13.82 2
1) Nicole Campbell SO	2) Zaida Bockman SO	
3) Cassidy Byrnes SO	4) Megan O'Neill SO	
--- Decorah	B	X5:04.85
1) Amanda Kuehner FR	2) Kalea Oftedahl FR	
3) Rachel Hines JR	4) Kaitlyn Rooney JR	
--- Waverly-SR	B	X5:15.15
1) Kassidi Schmitz JR	2) Sarah Frantsen SO	
3) Liz Van Hove JR	4) Kayla Tjebkes JR	
--- Crestwood	B	X5:19.82
1) Trista Foster SO	2) Taylor Shelton SO	
3) Destiny Hodges SO	4) Kelsey Stortz FR	

Event 14 Girls 400 Meter Dash Varsity

Name	Yr	School	Finals
1 Katie Nimrod	JR	Decorah	59.46 10
2 Katie Saner	SO	Crestwood	1:03.58 8
3 Summer Schutte	FR	Mfl MarMac	1:04.00 6
4 Jayme Willemsen	JR	Waverly-SR	1:04.32 4
5 Emma Davison	JR	Mason City	1:05.25 2
6 Bailey Knowlton	JR	New Hampton	1:06.38 1
7 Kyleigh Picha	FR	Mfl MarMac	1:06.41
8 Meg Sessions	FR	Decorah	1:06.46
9 Sadie Nymeyer	SR	Turkey Valle	1:07.06
10 Madi Rediske	SO	Waverly-SR	1:07.24
11 Karissa Schmidt	SO	Turkey Valle	1:10.98
--- Emma Bachelder	FR	Decorah	X1:09.85
--- Abbie Bergan	SO	Crestwood	X1:15.58
--- Libby Labosky	FR	Crestwood	X1:15.80

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Event 15 Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Waverly-SR	A	2:01.53
1) Rachel Walvatne SR	2) Sarah Frantsen SO	
3) Abby Bechtel SO	4) Bailey Walsh FR	
2 New Hampton	B	2:03.99
1) Madi Wenzlaff FR	2) Isabel Pool JR	
3) Aaliyah Boss SO	4) Emma Glaser SO	
3 Crestwood	B	2:06.19
1) Noel Lloyd	2) Kenzie Ward	
3) Charlotte Stinson	4) Haley Stevenson SR	
4 Decorah	A	2:06.64
1) Kelly Ahrens FR	2) Delaynee Frey FR	
3) Lillian Grouws FR	4) Alexis Svestka FR	
5 New Hampton	A	x2:10.95
1) Sydney Wegner FR	2) Laney Roberson FR	
3) Mariah Wickham SR	4) Ashley Jackson SO	
6 Crestwood	A	x2:24.09
1) Autumn Forcelle JR	2) Josie Johnson SO	
3) Amiah DeWolf SO	4) Sharon Goodman FR	
7 Crestwood	C	x2:29.03
1) Krista Riley FR	2) Jenna Bolson	
3) Michaela Walton	4) Angel Lebherz	
--- Decorah	B	DQ
1) Olivia Battle FR	2) Megan Robinson SO	
3) Anna Hanson JR	4) Klara Thompson JR	

Event 16 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 New Hampton	A	1:49.52 10
1) Rachel Rinken FR	2) Sadie Tenge SO	
3) Kaelyn Ambrose JR	4) Darian Wegner SR	
2 Decorah	A	1:49.72 8
1) Rose Gullekson SO	2) Kayla Quandahl SR	
3) Allie Hafner JR	4) Sarah Mikkelsen JR	
3 Crestwood	A	1:58.27 6
1) Shaunna Erickson SR	2) Keelee Andera FR	
3) Annie Mast SO	4) Brynn Bodermann JR	
4 South Winn	A	1:59.74 4
1) Shira Hageman FR	2) Sarah Hertges FR	
3) Josie Lennon FR	4) Morgan Martin FR	
5 Waukon	A	2:00.91 2
1) Alyssa Nesseim FR	2) Zaida Bockman SO	
3) Brooke Wasson SO	4) Ellec Armstead FR	
6 Waverly-SR	A	2:02.62 1
1) Kelsey Young SR	2) Morgan Schwab SR	
3) Kirsten Coulson SR	4) Grace Reyerson SR	
7 Turkey Valley	A	2:07.29
1) Lydia Schuchhardt JR	2) Breanna Busta FR	
3) Jordan Lukes	4) Liza Herold FR	

Event 17 Girls 100 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
Finals			
1 Grace Syverson	SO	Decorah	17.35
2 Katie Dehning	SR	Decorah	17.71
3 Katie Bjergum	FR	Decorah	x18.08
4 Lauren Frerichs	SO	New Hampton	18.39
5 Haley Eckerman	FR	Waverly-SR	18.43
6 Emily Franzen	JR	Decorah	x18.59
7 Paige Wisner	SO	New Hampton	18.92
8 Sam Balk		Crestwood	19.51
9 Katlin Born	FR	Crestwood	19.52
10 Madilyn Fahey	JR	Decorah	x19.67
11 Trista Foster	SO	Crestwood	x20.03
12 Destiny Hodges	SO	Crestwood	x20.58
13 Brooke Wasson	SO	Waukon	21.26
14 Hanna Ward		Crestwood	x26.73

Event 18 Girls 100 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 Haley Beckert	SR	Waverly-SR	16.47 10
2 Kylie Kerndt	SR	Decorah	16.52 8
3 Madison Sexton	JR	Decorah	17.01 6
4 Britney Young	FR	Waverly-SR	17.83 4
5 Natalie Hoey	SO	New Hampton	17.86 2
6 Taylor Shelton	SO	Crestwood	17.99 1
7 Katelynn Griffith	SR	Waukon	18.21
8 Hannah Heit	JR	New Hampton	18.27
9 Erika Johnson	SR	Waukon	18.36
10 Ali Rood	FR	Mason City	18.67
11 Emma Cotant	FR	Crestwood	19.70
12 Alicia Klimesh	JR	Turkey Valle	19.77
13 Hailee Sgontz	SR	Mason City	19.82
14 Avery Reicks	FR	Turkey Valle	27.18

Event 19 Girls 800 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 Cassidy Carolan	SO	Decorah	2:41.33
2 Lydia Gessner	FR	New Hampton	2:45.31
3 Kalea Oftedahl	FR	Decorah	2:46.09
4 Laura Bates	SO	Waverly-SR	2:51.20
5 Sarah Mashek	SO	Crestwood	2:53.07
6 Hanna Wiltse	SO	New Hampton	2:57.26
7 Emma Reicherts	FR	New Hampton	x2:59.55
8 Taylor Perkins	JR	New Hampton	x3:01.25
9 Celena Quirk	JR	New Hampton	x3:02.86
10 Yutana Hughes	JR	Crestwood	3:17.61

Event 20 Girls 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Ellie Friesen	JR	Crestwood	2:17.75 10
2 Jenna Galligan	JR	Decorah	2:31.98 8

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Finals ... (Event 20 Girls 800 Meter Run Varsity)

Name	Yr	School	Finals	
3 Josephine Berlage	SR	Decorah	2:32.42	6
4 Hope Dohlman	SO	Crestwood	2:35.70	4
5 Shelby Reicks	SR	Turkey Valle	2:38.33	2
6 Maddi Moorman	SO	New Hampton	2:41.57	1
7 Kallie Olson	JR	New Hampton	2:41.92	
8 Libby Dix	SO	Waverly-SR	2:43.89	
9 Sami Bohr	FR	South Winn	2:48.58	
10 Anna Hoins	SO	Waverly-SR	2:50.76	
11 Hannah Schutte	FR	Mfl MarMac	2:54.05	
12 Keri Picha	FR	Mfl MarMac	2:56.90	
13 Madelyn Marti	FR	Waukon	2:57.40	
14 Melissa Ward	FR	South Winn	2:58.50	
15 Emily Brown	JR	Waukon	3:01.32	
16 Elli Winter		Turkey Valle	3:07.36	

Event 21 Girls 200 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Summer Schutte	FR	Mfl MarMac	28.88
2 Karlie Wosepka	SR	Waverly-SR	29.45
3 Sylvia Betteridge	SR	Decorah	29.88
4 Paige Laues	FR	New Hampton	30.38
5 Avery Buseman	JR	Waverly-SR	30.42
6 Kelsey Young	SR	Waverly-SR	x30.63
7 Rachel Davis	FR	Mfl MarMac	30.86
8 Nicole Campbell	SO	Waukon	31.14
9 Katie Valkosky	FR	Decorah	31.20
10 Grace Reyerson	SR	Waverly-SR	x31.23
11 Sam Balk		Crestwood	31.66
12 Maya Butikofer	FR	Mfl MarMac	x31.67
13 Taylor Numedahl	FR	South Winn	31.72
14 Breanna Busta	FR	Turkey Valle	31.74
15 Autumn Forcelle	JR	Crestwood	31.81
16 Lily Humpal	FR	Decorah	x32.17
17 Krista Riley	FR	Crestwood	x32.62
18 Kaylee Gibbs	FR	Waukon	33.13
19 Aaliyah Boss	SO	New Hampton	33.24
20 Emma Glaser	SO	New Hampton	x33.48
21 Cailey Reyna	FR	Waverly-SR	x33.82
22 Avery Reicks	FR	Turkey Valle	34.39
23 Jenna Bolson		Crestwood	x34.63
24 Michaela Walton		Crestwood	x35.12
25 Lily Hovey	SO	Decorah	x35.41

Event 22 Girls 200 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Katie Nimrod	JR	Decorah	26.41 10
2 Brooke Berns	FR	Decorah	26.78 8
3 Ellie Loesch	FR	South Winn	27.11 6
4 Krissa Larson	JR	Waverly-SR	28.62 4
5 Katie Saner	SO	Crestwood	29.03 2
6 Kennedy McShane	FR	Mfl MarMac	29.10 1
7 Alyssa Nesseim	FR	Waukon	29.49

8 Madi Rediske	SO	Waverly-SR	29.58
9 Ellec Armstead	FR	Waukon	29.79
9 Isabel Leichtman	JR	New Hampton	29.79
11 Lydia Schuchhardt	JR	Turkey Valle	29.92
12 Kyleigh Picha	FR	Mfl MarMac	30.08
13 Piper Watson	JR	Mason City	30.41
14 Keirsten Tenge	FR	New Hampton	30.65
15 Emma Rissman	FR	Crestwood	31.30
16 Karissa Schmidt	SO	Turkey Valle	31.59

Event 23 Girls 400 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
Finals			
1 Natalie Hoey	SO	New Hampton	1:15.74
2 Paige Wisner	SO	New Hampton	1:19.72
3 Bailey Walsh	FR	Waverly-SR	1:23.82
4 Alicia Klimesh	JR	Turkey Valle	1:28.39

Event 24 Girls 400 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 Rylea Ranum	JR	Decorah	1:11.23 10
2 Ambria Piphio	FR	Decorah	1:13.83 8
3 Hannah Heit	JR	New Hampton	1:14.82 6
4 Britney Young	FR	Waverly-SR	1:16.12 4
5 Lauren Frerichs	SO	New Hampton	1:17.84 2
6 Emily Friesen	JR	Crestwood	1:20.36 1
7 Rachel Steffen	FR	Crestwood	1:20.50
8 Haley Eckerman	FR	Waverly-SR	1:22.25

Event 25 Girls 1500 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 Brooke Courtney	FR	Decorah	5:43.04
2 Tiana Bullerman	FR	South Winn	6:06.72
3 Annette Leschensky	FR	Decorah	6:12.15
4 Mary Conway	FR	South Winn	6:22.24
5 Helen Neuzil	FR	South Winn	x6:26.10
6 Kelsey Stortz	FR	Crestwood	6:27.94
7 Madi Brace	FR	Crestwood	6:28.33
8 Kirsten Coulson	SR	Waverly-SR	6:36.21
9 Marissa Lechtenberg	FR	Mfl MarMac	7:33.30

Event 26 Girls 1500 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Ellie Friesen	JR	Crestwood	4:57.92 10
2 Josie Kriener	FR	South Winn	5:05.90 8
3 Shayla Betts	FR	Decorah	5:30.02 6
4 Shania Kelly	SR	Decorah	5:44.55 4
5 Ashley Kriener	FR	South Winn	5:51.28 2
6 Emma Figura	JR	Waverly-SR	5:56.66 1
7 Emma Wagoner	JR	Waverly-SR	5:59.05
8 Mattie Slavin	FR	Crestwood	6:04.37
9 Hannah Schutte	FR	Mfl MarMac	6:19.03
10 Keri Picha	FR	Mfl MarMac	6:25.53

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Finals ... (Event 26 Girls 1500 Meter Run Varsity)

Name	Yr	School	Finals
11 Liza Herold	FR	Turkey Valle	6:43.77

Event 28 Girls 4x100 Meter Relay Weightwoman Varsity

Team	Relay	Finals
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Finals

1 Crestwood	A	1:01.03
1) Amiah DeWolf SO	2) Cameron Ollendick FR	
3) Danielle Ahern JR	4) Sharon Goodman FR	
2 Decorah	A	1:01.86
1) Anna Hanson JR	2) Lydia Kleckner SR	
3) McKinley Lillegraven SR	4) Hailey Nierling JR	
3 Waverly-SR	A	1:02.30
1) Haley Shaw FR	2) Emily Archibald JR	
3) Nelli Stocks FR	4) Izzy Trafelet JR	
4 Mfl MarMac	A	1:04.01
1) Maya Butikofer FR	2) Rachel Davis FR	
3) Hope McGlaughlin FR	4) Emma Ammons FR	
--- Decorah	B	X1:03.01
1) Kaitlyn Schnitzler FR	2) Maddie Putnam FR	
3) Kari Tangen FR	4) Katherine Bruening FR	
--- Decorah	C	X1:06.01
1) Jordyn Hussain SO	2) Tori Miller JR	
3) Erica Bouska SO	4) Maiah Johanningmeir SR	
--- Waverly-SR	B	X1:10.44
1) Jenna Steffen JR	2) Kylee Anhalt SO	
3) Carlie Robbins JR	4) Veronica Gregory	

Event 29 Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
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Finals

1 Decorah	A	54.02
1) Olivia Battle FR	2) Katie Valkosky FR	
3) Katie Dehning SR	4) Rose Gullekson SO	
2 New Hampton	B	56.99
1) Ashley Jackson SO	2) Paige Laures FR	
3) Mariah Wickham SR	4) Laney Roberson FR	
3 New Hampton	A	x58.08
1) Natalie Hoey SO	2) Keirsten Tenge FR	
3) Taylor Philo SO	4) Brittney White SO	
4 Turkey Valley	A	59.39
1) Karissa Schmidt SO	2) Alicia Klimesh JR	
3) Breanna Busta FR	4) Jordan Lukes	
5 Decorah	B	x59.73
1) Kelly Ahrens FR	2) Lillian Grouws FR	
3) Madilyn Fahey JR	4) Megan Robinson SO	
6 Decorah	C	x1:00.21
1) Lily Hovey SO	2) Lily Humpal FR	
3) Emma Bachelder FR	4) Shayla Betts FR	
7 Waverly-SR	A	1:00.67
1) Kassidi Schmitz JR	2) Cailey Reyna FR	
3) Sarah Frantsen SO	4) Rachel Walvatne SR	
8 Waverly-SR	B	x1:00.80
1) Morgan Schwab SR	2) Claire Marsh JR	
3) Liz Van Hove JR	4) Kayla Tjebkes JR	

9 Crestwood	A	1:00.81
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1) Emma Cotant FR	2) Trista Foster SO
3) Katlin Born FR	4) Krista Riley FR
Crestwood	B x1:06.75
1) Hanna Ward	2) Jenna Bolson
3) Michaela Walton	4) Haley Stevenson SR

Event 30 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
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Finals

1 Decorah	A	51.36	10
1) Allie Hafner JR	2) Brooke Berns FR		
3) Kylie Kerndt SR	4) Brynne Valkosky JR		
2 New Hampton	A	52.78	8
1) Sadie Tenge SO	2) Darian Wegner SR		
3) Bailey Knowlton JR	4) Rachel Rinken FR		
3 Waverly-SR	A	54.37	6
1) Karlie Wosepka SR	2) Kelsey Young SR		
3) Madi Rediske SO	4) Grace Hoins SR		
4 Mason City	A	54.64	4
1) Odeleine Daugherty SO	2) Serena Trousdale SO		
3) Hannah Faktor JR	4) Erika Mariner SO		
5 Turkey Valley	A	56.18	2
1) Lydia Schuchhardt JR	2) Kassidy Reicks JR		
3) Sadie Nymeyer SR	4) Shelby Reicks SR		
6 Crestwood	A	57.10	1
1) Shaunna Erickson SR	2) Emma Rissman FR		
3) Autumn Forcelle JR	4) Josie Johnson SO		
7 South Winn	A	57.19	
1) Shira Hageman FR	2) Sarah Hertges FR		
3) Josie Lennon FR	4) Morgan Martin FR		
8 Waukon	A	59.32	
1) Kyara Dahlstrom SO	2) Kaylee Gibbs FR		
3) Zaida Bockman SO	4) Nicole Campbell SO		

Event 31 Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
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Finals

1 Decorah	B	4:30.51
1) Kalea Oftedahl FR	2) Shania Kelly SR	
3) Kasey Thompson SR	4) Amanda Kuehner FR	
2 Waverly-SR	A	4:32.77
1) Anna Hoins SO	2) Krissa Larson JR	
3) Abby Bechtel SO	4) Libby Dix SO	
3 New Hampton	A	4:38.96
1) Savannah Anderson JR	2) Maddi Moorman SO	
3) Sydney Wegner FR	4) Kallie Olson JR	
4 Decorah	A	x4:54.69
1) Grace Syverson SO	2) Sylvia Betteridge SR	
3) Brenna Betts SR	4) Josephine Berlage SR	
5 Crestwood	A	5:08.69
1) Sam Balk	2) Sarah Mashek SO	
3) Abbie Bergan SO	4) Mattie Slavin FR	

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Event 32 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Decorah	A	4:10.53 10
1) Sarah Mikkelsen JR	2) Madison Sexton JR	
3) Meg Sessions FR	4) Kayla Quandahl SR	
2 New Hampton	A	4:16.56 8
1) Rachel Rinken FR	2) Sadie Tenge SO	
3) Kaelyn Ambrose JR	4) Darian Wegner SR	
3 Crestwood	A	4:28.40 6
1) Brynn Bodermann JR	2) Keelee Andera FR	
3) Annie Mast SO	4) Hope Dohlman SO	
4 Mason City	A	4:32.58 4
1) Emma Davison JR	2) Serena Trousdale SO	
3) Hannah Faktor JR	4) Hannah Thomas FR	
5 Waukon	A	5:04.24 2
1) Erika Johnson SR	2) Ellec Armstead FR	
3) Mariah Behrend SR	4) Cassidy Byrnes SO	
--- Waverly-SR	A	DQ
1) Grace Hoins SR	2) Haley Beckert SR	
3) Avery Buseman JR	4) Jayme Willemssen JR	

Event 33 Girls Long Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Avery Buseman	JR	Waverly-SR	15-00.25
2 Sydney Wegner	FR	New Hampton	13-11.50
3 Katie Bjergum	FR	Decorah	13-06.50
4 Amanda Kuehner	FR	Decorah	13-02.50
4 Keelee Andera	FR	Crestwood	13-02.50
6 Kyara Dahlstrom	SO	Waukon	12-07.75
7 Emma Wagoner	JR	Waverly-SR	12-06.50
8 Shayla Betts	FR	Decorah	x12-02.75
9 Emma Glaser	SO	New Hampton	12-01.75
10 Taylor Philo	SO	New Hampton	x11-11.75
11 Sarah Frantsen	SO	Waverly-SR	x11-10.50
12 Kirsten Coulson	SR	Waverly-SR	x11-08.75
13 Emma Roe	SO	Waukon	11-07.75
14 Claire Marsh	JR	Waverly-SR	x11-05.75
15 Megan Robinson	SO	Decorah	x11-01.25
15 Noel Lloyd		Crestwood	11-01.25
17 Alyssa Johnston	JR	South Winn	11-01.00
--- Brooke Berns	FR	Decorah	ND
--- Sydney Erickson		Crestwood	ND

Event 34 Girls Long Jump Varsity

Name	Yr	School	Finals
Finals			
1 Darian Wegner	SR	New Hampton	17-02.25 10
2 Rachel Rinken	FR	New Hampton	16-03.50 8
3 Erika Johnson	SR	Waukon	15-08.75 6
4 Katie Saner	SO	Crestwood	15-05.00 4
5 Sadie Nymeyer	SR	Turkey Valle	15-00.00 2
6 Bailey Walsh	FR	Waverly-SR	J15-00.00 1
7 Allie Hafner	JR	Decorah	14-08.00

8 Krissa Larson	JR	Waverly-SR	14-04.25
9 Alyssa Nesseim	FR	Waukon	14-04.00
10 Emma Rissman	FR	Crestwood	14-03.50
11 Katie Dehning	SR	Decorah	13-09.25
--- Sarah Hertges	FR	South Winn	ND

Event 36 Girls High Jump Varsity

Name	Yr	School	Finals
Finals			
1 Piper Watson	JR	Mason City	4-10.00 10
2 Haley Beckert	SR	Waverly-SR	4-08.00 8
3 Marcy Uglum	JR	New Hampton	J4-08.00 5
3 Sharon Goodman	FR	Crestwood	J4-08.00 5
5 Ellec Armstead	FR	Waukon	J4-08.00 2
6 Savannah Anderson	JR	New Hampton	4-06.00 1
7 Ambria Pipho	FR	Decorah	J4-06.00
8 Cassie Ollendieck	SO	Crestwood	4-04.00
9 Emily Franzen	JR	Decorah	J4-04.00
9 Britney Young	FR	Waverly-SR	J4-04.00
11 Morgan Martin	FR	South Winn	4-02.00
--- Grace Reyerson	SR	Waverly-SR	X4-04.00
--- Rachel Steffen	FR	Crestwood	X4-02.00
--- Taylor Shelton	SO	Crestwood	X4-02.00
--- Haley Eckerman	FR	Waverly-SR	X4-02.00

Event 37 Girls Discus Throw Junior Varsity

Name	Yr	School	Finals
Finals			
1 Laney Roberson	FR	New Hampton	94-03
2 Haley Shaw	FR	Waverly-SR	91-06
3 Jordyn Hussain	SO	Decorah	87-02
4 Tori Miller	JR	Decorah	84-02
5 Chloe Tieskoetter	FR	South Winn	81-05
6 Kristen Reicks	SO	Crestwood	76-11
7 Nelli Stocks	FR	Waverly-SR	76-07
8 Jayli Reints	SR	Waverly-SR	x74-00
9 Jenna Steffen	JR	Waverly-SR	x73-00
10 Katherine Bruening	FR	Decorah	x71-02
11 Hallie Frohn	SO	Crestwood	69-06
12 Carlie Robbins	JR	Waverly-SR	x67-03
13 Hope McGlaughlin	FR	Mfl MarMac	66-10
14 Kylie Rosonke	SO	New Hampton	66-09
15 Sadie McGee	FR	South Winn	65-00
16 Danielle Ahern	JR	Crestwood	x64-11
17 Kari Tangen	FR	Decorah	x64-00
18 Laura Bates	SO	Waverly-SR	x63-10
19 Emily Archibald	JR	Waverly-SR	x62-11
19 Kaitlyn Schnitzler	FR	Decorah	x62-11
21 Kylee Anhalt	SO	Waverly-SR	x61-01
22 Lily Humpal	FR	Decorah	x58-06
23 Josie Lennon	FR	South Winn	x57-10
24 Veronica Gregory		Waverly-SR	x54-11
25 Alyssa Johnston	JR	South Winn	x51-04
26 Addie Einwalter	FR	Turkey Valle	49-11
27 Charlotte Stinson		Crestwood	x48-10
28 Rielynn Thompson	SO	Crestwood	x44-01

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Finals ... (Event 37 Girls Discus Throw Junior Varsity)

Name	Yr	School	Finals
29 Katy Kellum	FR	Waverly-SR	x29-10
--- Yutana Hughes	JR	Crestwood	ND

Event 38 Girls Discus Throw Varsity

Name	Yr	School	Finals
1 Serina Hovden	SR	New Hampton	108-03 10
2 Katie Wright	JR	Waverly-SR	98-10 8
3 McKinley Lillegraven	SR	Decorah	95-05 6
4 Megan Ryan		Crestwood	94-01 4
5 Sharon Goodman	FR	Crestwood	94-00 2
6 Kayla Crooks	SO	New Hampton	89-09 1
7 Emma Ammons	FR	Mfl MarMac	85-01
8 Hailey Nierling	JR	Decorah	84-11
9 Carly Seeck	SO	Mason City	83-01
10 Izzy Trafelet	JR	Waverly-SR	79-10
11 Kaylie Rommes	FR	South Winn	78-11
12 Haylee Thesing	FR	Waukon	78-10
13 Kassidy Reicks	JR	Turkey Valle	72-08
14 Christina Nesvik	FR	South Winn	71-09
15 Grace Tobin	FR	Mason City	66-07
16 Katie Gress	FR	Waukon	53-11

Event 39 Girls Shot Put Junior Varsity

Name	Yr	School	Finals
1 Carlie Robbins	JR	Waverly-SR	32-03.00
2 McKinley Lillegraven	SR	Decorah	29-02.00
3 Jordyn Hussain	SO	Decorah	29-01.00
3 Cassie Ollendieck	SO	Crestwood	29-01.00
5 Nelli Stocks	FR	Waverly-SR	28-04.00
6 Katherine Bruening	FR	Decorah	x28-02.00
7 Tori Miller	JR	Decorah	x28-00.50
8 Laura Bates	SO	Waverly-SR	x27-06.00
8 Jayli Reints	SR	Waverly-SR	x27-06.00
10 Kari Tangen	FR	Decorah	x27-01.00
11 Chloe Tieskoetter	FR	South Winn	27-00.50
12 Maddie Putnam	FR	Decorah	x26-07.50
13 Kayla Crooks	SO	New Hampton	25-08.00
14 Jenna Steffen	JR	Waverly-SR	x25-00.00
15 Sadie McGee	FR	South Winn	24-08.00
16 Amiah DeWolf	SO	Crestwood	24-07.50
17 Maiah Johanningmeir	SR	Decorah	x24-04.50
8 Kylie Rosonke	SO	New Hampton	24-00.00
9 Josie Lennon	FR	South Winn	x23-07.50
10 Erica Bouska	SO	Decorah	x23-03.00
11 Hope McGlaughlin	FR	Mfl MarMac	22-02.00
12 Kylee Anhalt	SO	Waverly-SR	x21-10.50
13 Addie Einwalter	FR	Turkey Valle	21-08.00
14 Yutana Hughes	JR	Crestwood	x21-04.00
15 Emily Archibald	JR	Waverly-SR	x20-09.50
16 Rielynn Thompson	SO	Crestwood	x20-02.00
17 Sami Weigert		Crestwood	x19-03.00
8 Katy Kellum	FR	Waverly-SR	x14-07.00

Event 40 Girls Shot Put Varsity

Name	Yr	School	Finals
1 Grace Tobin	FR	Mason City	36-00.00 10
2 Lydia Kleckner	SR	Decorah	35-08.00 8
3 Katie Wright	JR	Waverly-SR	35-02.00 6
4 Hailey Nierling	JR	Decorah	34-01.00 4
5 Emma Ammons	FR	Mfl MarMac	32-02.00 2
6 Kristen Reicks	SO	Crestwood	30-08.50 1
7 Hallie Frohn	SO	Crestwood	30-04.00
8 Haley Shaw	FR	Waverly-SR	30-03.00
9 Savannah Anderson	JR	New Hampton	29-09.00
10 Hunter Gerber	SR	New Hampton	29-01.00
11 Kassidy Reicks	JR	Turkey Valle	28-05.50
12 Christina Nesvik	FR	South Winn	28-05.00
13 Carly Seeck	SO	Mason City	28-03.50
14 Kaylie Rommes	FR	South Winn	26-04.00
15 Haylee Thesing	FR	Waukon	23-09.00
16 Katie Gress	FR	Waukon	19-09.00